The Australian College of Midwives would like to thank our sponsors for their generous support and welcomes our exhibitors to our 17th Biennial National Conference.

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Philips Healthcare  
Queensland Health - Work for Us  
Safe Motherhood for All  
Staffing Synergy  
Swisse  
Youth and Family Education

EXHIBITORS
### TUESDAY 18TH OCTOBER

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Location</th>
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<tbody>
<tr>
<td>1400</td>
<td>Conference Registration Open</td>
<td>Bay 4</td>
</tr>
<tr>
<td>1600</td>
<td>EXHIBITION AND CREATIVE ARTS SPACE VIEWING</td>
<td>Bay 4 &amp; 9B/C</td>
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<tr>
<td>1700</td>
<td>Conference Welcome Reception; Launch of Creative Arts Festival</td>
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### WEDNESDAY 19TH OCTOBER

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>0730</td>
<td>Registration Open</td>
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<tr>
<td>0830</td>
<td>Welcome to the Conference; Welcome to Country and opening ceremony</td>
<td>ATP Ballroom</td>
</tr>
<tr>
<td>0930</td>
<td>Opening Address</td>
<td>ATP Ballroom</td>
</tr>
<tr>
<td>0930</td>
<td>Plenary 1: INTERNATIONAL KEYNOTE: MIDWIVES AND OBSTETRICIANS: MOVING IN VIRTUOUS CYCLES Sponsored by Philips Healthcare</td>
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<tr>
<td>1000</td>
<td>Plenary 2: A CONSUMER VIEW</td>
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<tr>
<td>1030</td>
<td>MORNING TEA – VISIT COMPANY DISPLAYS AND CREATIVE ARTS SPACE</td>
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<tr>
<td>1100</td>
<td>CONCURRENT SESSION A</td>
<td>ATP Ballroom</td>
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<tr>
<td></td>
<td>Concurrent Session A1: SUPPORTING NORMAL BIRTH</td>
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<tr>
<td></td>
<td>1. Facilitating physiological birth positioning in three different birth settings: An exploration into facilitators and inhibitors</td>
<td>Hannah Dahlen</td>
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<tr>
<td></td>
<td>2. A randomised controlled non-inferiority trial comparing a single and four Sterile Water Injection Technique for the relief of back pain during labour</td>
<td>Nigel Lee</td>
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<tr>
<td></td>
<td>3. Moxibustion for cephalic version: a feasibility study</td>
<td>Caroline Smith</td>
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<td>4. Towards normal birth in NSW</td>
<td>Vanessa Clements</td>
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<td>Concurrent Session A2: WORKING WITH WOMEN DURING PREGNANCY</td>
<td>9B/C</td>
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<tr>
<td></td>
<td>1. A culture of antenatal care</td>
<td>Diane Wright</td>
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<tr>
<td></td>
<td>2. Mindfulness-based childbirth education</td>
<td>Yvonne Hauck</td>
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<tr>
<td></td>
<td>3. Core of Life: midwives educating youth in schools/communities re birth realities and beyond</td>
<td>Melissa Hovey &amp; Lorraine Campbell</td>
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<td>4. Taking hold of a tenuous future: Couples experiences of continuing pregnancy following diagnosis of a serious or lethal fetal anomaly</td>
<td>Sally de-Vitry Smith</td>
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<td>Concurrent Session A3: INNOVATIONS IN EDUCATION</td>
<td>9A</td>
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<tr>
<td></td>
<td>1. Innovative education: Student midwives becoming future teachers</td>
<td>Gayle McLelland</td>
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<tr>
<td></td>
<td>2. Innovation in midwifery education: The Virtual Maternity Clinic</td>
<td>Diane Phillips</td>
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<tr>
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<td>3. MeL: Maternity e-learning for maternity care clinicians</td>
<td>Caprice Brown</td>
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<td>4. Simulated, stimulated and self-efficacy measures: evaluation of a pilot project in midwifery education</td>
<td>Rachel Smith</td>
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### Concurrent Session A4: RURAL MATERNITY SERVICES

<table>
<thead>
<tr>
<th>Title</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>1. Launching specific learning and support for Midwives and their</td>
<td>Jennifer Wannan</td>
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<td>colleagues working with Aboriginal families across NSW: a</td>
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<td>unique multidisciplinary education model</td>
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<td>2. A Straight Line Up - experiences of midwives in the Darwin</td>
<td>Hilary Hunter</td>
</tr>
<tr>
<td>Midwifery Group Practice</td>
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<tr>
<td>3. Reversing the trend: Reopening a previously closed rural</td>
<td>Mary Sidebotham &amp; Hazel Brittain</td>
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<tr>
<td>birthing</td>
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<tr>
<td>4. Strategies to Provide Midwifery Care for Women Living in Rural</td>
<td>Elaine Dietsch</td>
</tr>
<tr>
<td>Areas: Reaching for the Stars or a Matter of Human Rights</td>
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</table>

### Concurrent Session A5: WORKSHOP – CASELOAD MIDWIFERY

**Interpersonal relationships in caseload midwifery: Creating a fulfilling, inclusive and sustainable future**

Christine Brook

### Concurrent Session A6: CREATIVE ARTS SPACE

**Journeying within to access one's inner wisdom: Shamanic drumming workshop**

Jane Collings

<table>
<thead>
<tr>
<th>Time</th>
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<th>Location</th>
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<tr>
<td>1220 - 1320</td>
<td>LUNCH - VISIT COMPANY DISPLAYS AND CREATIVE ARTS SPACE POSTER TOUR</td>
<td>Bay 4</td>
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<td>1320 - 1400</td>
<td>Plenary 3a: AUSTRALIAN COLLEGE OF MIDWIVES; AN UPDATE ON ACTIVITIES</td>
<td>ATP Ballroom</td>
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<td>1400 - 1520</td>
<td>Plenary 3b: MIGA INSURANCE OPTIONS FOR MIDWIVES</td>
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<td>CONCURRENT SESSION B</td>
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<td></td>
<td>Concurrent Session B1: SUPPORTING DECISION MAKING FOR LABOUR AND BIRTH</td>
<td>ATP Ballroom</td>
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<tr>
<td>1520 - 1550</td>
<td><strong>AFTERNOON TEA - VISIT COMPANY DISPLAYS AND CREATIVE ARTS SPACE</strong></td>
<td>Exhibition area</td>
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<tr>
<td>1550 - 1610</td>
<td><strong>Creative Arts Performance: MIDWIFERY ACROSS TIME AND SPACE</strong></td>
<td>ATP Ballroom</td>
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<tr>
<td>1610 - 1730</td>
<td><strong>Plenary 4: FELLOWS ORATION AND INVESTITURE</strong></td>
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<tr>
<td>1730 - 1900</td>
<td><strong>Fellows Reception (a ticketed event)</strong></td>
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<tr>
<td>1730 - 1900</td>
<td><strong>Perinatal Dreaming Workshop</strong></td>
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**THURSDAY 20th OCTOBER**

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<td>0730</td>
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<td>Bay 4</td>
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<tr>
<td>0730 - 0830</td>
<td><strong>Student midwives breakfast</strong></td>
<td>Heritage Room</td>
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<tr>
<td>0730 - 0830</td>
<td><strong>Fellows breakfast</strong></td>
<td>Heritage Room</td>
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<tr>
<td>0730 - 0830</td>
<td><strong>Singing Workshop</strong></td>
<td>Heritage Room</td>
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<tr>
<td>0830 - 0900</td>
<td><strong>Day 2 Welcome and Housekeeping</strong></td>
<td>ATP Ballroom</td>
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<tr>
<td>0900 - 0930</td>
<td><strong>Plenary 5: INTERNATIONAL KEYNOTE: MIDWIFERY IN AN INTERNATIONAL CONTEXT</strong></td>
<td>ATP Ballroom</td>
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<tr>
<td>0930 - 1000</td>
<td><strong>Plenary 6: WHITE RIBBON ALLIANCE/SAFE MOTHERHOOD FOR ALL</strong></td>
<td>ATP Ballroom</td>
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<tr>
<td>1000 - 1030</td>
<td><strong>MORNING TEA - VISIT COMPANY DISPLAYS AND CREATIVE ARTS SPACE</strong></td>
<td>Exhibition area &amp; 9B/C</td>
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<tr>
<td>1030 - 1150</td>
<td><strong>CONCURRENT SESSION C</strong></td>
<td>ATP Ballroom</td>
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**Concurrent Session C1: CASELOAD MODELS OF CARE**

1. A randomised controlled trial of caseload midwifery for women at low risk of medical complications (COSMOS) primary and secondary outcomes
   - Helen McLachlan
2. Exploring satisfaction and burnout among caseload and non-caseload midwives
   - Michelle Newton
3. Caseload midwifery – were we dreaming or living a dream?
   - Lisa Frahm
4. Exploring implementation and sustainability of models of care: can theory help?
   - Della Forster

**Concurrent Session C2: PROMOTING AND SUPPORTING THE BREASTFEEDING WOMAN**

1. What theories should be guiding midwives in preparing women for breastfeeding?
   - Shahla Meedya
2. Mother friendly: Are we reaching for the stars?
   - Susanna Scurry
3. “Am I ready?” Examining how social context impacts on a first-time mother’s preparation for breastfeeding and early parenting
   - Judith Reid
4. In pursuit of liquid gold
   - Elaine Burns
### Concurrent Session C3: INNOVATIONS AND INITIATIVES IN MIDWIFERY  
6A

1. Closing the gap through innovative maternity care (The Aboriginal Maternal and Infant Health Service)  
   Elizabeth Best
2. From Research to Policy and Practice: Implementation of the National Perinatal Depression Initiative  
   Amanda Stevenson
3. Beyond the horizon – Clinical supervision - a Journey through Reflection  
   Bev Love
4. Equitable access to fetal anomaly screening: Views of Aboriginal women in the Northern Territory and their health care providers  
   Sue Kildea

### Concurrent Session C4: COLLABORATION AND PARTNERSHIP  
6B

1. Winging It: Case Studies of Midwifery Partnership 'with woman' in aeromedical care  
   Mark Holmes
2. Creating a new Environment for Networking: Maternity Support Network (MSN)  
   Sandra Forde
3. Continuity, Collaboration and Change: Defining roles and boundaries for future practice  
   Kim Psaila
4. Competition or Collegiality and Collaboration: The way forward  
   Carole Gilmour

### Concurrent Session C5: WORKSHOP – Meta-WHAT?  
9A

Meta-WHAT? Cochrane reviews and other research stuff for dummies  
Deborah Davis

### Concurrent Session C6: CREATIVE ARTS SPACE  
9B/C

To Infinity and Beyond: Introducing Midwives to Social Media  
Sarah Stewart

#### Schedule

1150 - 1250  
ACM AGM  
1250 - 1350  
LUNCH - VISIT COMPANY DISPLAYS AND CREATIVE ARTS SPACE  
1350 - 1510  
CONCURRENT SESSION D

### Concurrent Session D1: NEW MOTHERING  
9B & C

1. Supporting midwives in delivering evidence-based public health recommendations: effectiveness of a Safe Infant Sleeping E-learning program  
   Jeanine Young
2. Keeping baby SAFE in pregnancy project  
   Jane Warland
3. Does the way maternity care is provided affect maternal and neonatal outcomes for young women and their babies?  
   Jyai Allen
4. Neurological breastfeeding  
   Robyn Thompson

### Concurrent Session D2: LEARNING IN MIDWIFERY  
6A

1. The good midwife: Commencing students’ views  
   Mary Carolan
2. Developing, implementing and evaluating a standardised clinical assessment tool for midwifery students across Victoria, using a before and after design  
   Harriet Morton
3. Implementing flexible learning with a focus on midwifery student characteristics  
   Sara Stelfox
4. Interprofessional Education in maternity clinical practice: Is it the way of the future?  
   Helen Cooke

### Concurrent Session D3: CHALLENGES AND INNOVATIONS  
9A

1. Story telling – an innovation to improve health care incident disclosure  
   Suellen Allen
2. When informed choice becomes informed coercion  
   Meredith McIntyre
3. Rethinking rites of protection during birth: A foundation for the future of midwifery practice  
   Rachel Reed
4. The self-prescribed use of aromatherapy oils by pregnant women: cause for concern?  
   David Sibbritt
Concurrent Session D4: WORKING WITH WOMEN WITH OBESITY

1. Group-based antenatal care for overweight and obese women
2. Extreme obesity in pregnancy: risk management and resources (AMOSS)
3. A study of the experiences and concerns of childbearing obese women
4. Motivating women to take hold of their future

Maralyn Foureur
Elizabeth Sullivan
Hannah Dahlen
Jane Raymond

Concurrent Session D5: WORKSHOP

Men and Grief (film and discussion)
Shea Caplice

Concurrent Session D6: CREATIVE ARTS WORKSHOP

Telling the tale: birth stories from practice
Sheena Bryom

1510 - 1540
AFTERNOON TEA - VISIT COMPANY DISPLAYS AND CREATIVE ARTS SPACE
Exhibition area & 9B/C

1540 - 1610
Plenary 7: THE HAMLIN FISTULA ETHIOPIA MAKING A DIFFERENCE TO WOMEN
Lucy Perry
ATP Ballroom

1610 - 1630
Creative Arts Performance: MIDWIVES, MADWIVES, MEDWIVES AND MDWYFS
Toxic Shock Midwifery Group
ATP Ballroom

1630 - 1900
Chill out and wait for dinner
Heritage Room

1630-1730
Film event: A BREECH IN THE SYSTEM
Karin Ecker
6A

1900 - 2300
Conference Dinner
ATP Ballroom

FRIDAY 21ST OCTOBER

0730
Registration Open

0730 - 0830
Singing Workshop
Ilona Pappne Demecs
6A

0830 - 0900
Day 3 Welcome and Housekeeping
Opening to the Day - Lactilts
Anne Maree Thom,
Melissa Huye,
Lyn Deacon
ATP Ballroom

0900 - 0930
Plenary 8: INTERNATIONAL KEYNOTE: LIGHTING THE DARKNESS - A SUSTAINABLE FUTURE FOR MIDWIFERY
Lorna Davies
ATP Ballroom

0930 - 1000
Plenary 9: TELLING TALES: LISTENING TO THE VOICES OF ABORIGINAL AND TORRES STRAIT ISLANDER WOMEN IN THE NORTHERN TERRITORY
Rachael Lockey,
Leshay Maidment,
Margaret O'Brien
ATP Ballroom

1000 - 1030
MORNIGN TEA - VISIT COMPANY DISPLAYS AND CREATIVE ARTS SPACE
Exhibition area & 9B/C

1030 - 1150
CONCURRENT SESSION E

Concurrent Session E1: COMPLEXITIES AND CHALLENGES IN LABOUR AND BIRTH

1. Comparing active and physiological management of the third stage of labour in a cohort of low risk in the care of midwives in NZ
2. Implementing a model of care to support women who experience emergency hysterectomy following severe postpartum haemorrhage
3. ‘Voyage to Inner Space ’: Innovations in management of slow descent in labour
4. Psychological trauma associated with childbirth

Deborah Davis
Rakime Elmir
Ann Grieve
Jenny Gamble

Concurrent Session E2: INTERACTIVE MIDWIFERY PRACTICE

2. Birth Preparation using bellydance

Mary Carolan
Maha al Musa

Concurrent Session E3: OUR FUTURE – THE MIDWIFERY

6A

7
WORKFORCE

1. Midwifery student fellowships: A sustainable solution to the midwifery workforce shortage  
   Meredith McIntyre

2. Newly-graduated midwives in the state of protection  
   Michele Barry

3. Nurturing our future: the importance of midwifery transition support programs  
   Vanessa Clements

4. Online identity. Why we should care, and how we can develop a professional midwifery online identity  
   Sarah Stewart

Concurrent Session E4: LOOKING BEYOND OUR SHORES AND BACK AGAIN  

1. Journey to the heart of midwifery: Student’s exploration of maternal health care in Timor Leste  
   Nicki Biermann

2. Delivering care: developing an appropriate model for women from refugee backgrounds  
   Helen Stapleton

3. Tales of an Australian midwife: Water birth in Singapore  
   Deborah Fox

4. Partnership for change: Skilled birth attendants and traditional birth attendants  
   Lois McKellar

Concurrent Session E5: WORKSHOP - MGP

Midwifery Group Practice: So how does your work?  
Jackie Kitschke

Concurrent Session E6: CREATIVE ARTS SPACE

Sculpture as communication  
Jude Maslin

1150 - 1220  
Plenary 10: WHY MIDWIFERY MATTERS  
Kristina Keneally  
ATP Ballroom

1220 - 1320  
LUNCH - VISIT COMPANY DISPLAYS AND CREATIVE ARTS SPACE POSTER TOUR

1320 - 1350  
Plenary 11: DESIGN BRIEFS OF BIRTHING UNITS ARE NOT ALL BLACK AND WHITE  
Berto Pandolfo & George Vergheese  
ATP Ballroom

1350 - 1430  
Plenary 12: THE FUTURE OF MIDWIFERY  
Bridget Lynch  
ATP Ballroom

1430 - 1530  
Final words from ACM  
Thanks from ACM 2011 Conference Committee  
Announcement of next conference  
President ACM Joanne Gray  
ATP Ballroom

1530 - 1600  
CONFERENCE CLOSE  
Closing performance – Song from Singing Workshop  
ATP Ballroom

ACM Poster Presentation Schedule

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<thead>
<tr>
<th>Wednesday 19th October</th>
<th>Abstract number</th>
<th>Thursday 20th October</th>
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<td>Julie Ann Fleet</td>
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<td>Amie Steel</td>
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<td>Suzanne Sinni</td>
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<td>Ann Saxton</td>
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<td>Bree Bulle</td>
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<td>Hannah Dahlen</td>
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<td>Valerie Painter</td>
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<td>Bev Love</td>
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<td>Amie Steel</td>
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<td>Paula Olsen</td>
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<td>Gina Kruger</td>
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<td>Michelle Newton</td>
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<td>Jane Morrow</td>
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<td>Alexa McArthur</td>
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<td>Sally Haseler</td>
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<td>Rosemarie Hogan</td>
<td>3755</td>
<td>Christine Caitling-Paull</td>
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<td>Deborah Fox</td>
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<td>Roslyn Donnellan-Fenandez</td>
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<td>Lyn Johnson</td>
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